

# The Story Of My Life

**Count:** 64    **Wall:** 4    **Level:** Improver

**Choreographer:** Craig Bennett (UK) Nov 2013

**Music:** Story Of My Life by One Direction. Album: Midnight Memories

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## **[1-8] Side rock, Cross shuffle, Side Rock, Recover, Rock back, Recover**

1, 2            Rock right to right side, Recover back onto left  
3&4            Cross right over left, Step left to left side, Cross right over left  
5, 6            Rock left to left side, Recover on to right  
7, 8            Rock back on left, Recover forward onto right

## **[9-16] Side rock, Cross shuffle, Side Rock, Recover, Rock back, Recover**

1, 2            Rock left to left side, Recover back onto right  
3&4            Cross left over right, Step right to right side, Cross left over right  
5, 6            Rock right to right side, Recover onto left  
7, 8            Rock back onto right, Recover forward onto left

## **[17-24] Step 1/4 turn, Walk, Walk, Shuffle forward, Rock recover**

1, 2            Step forward onto right, 1/4 turn pivot left (9:00)  
3, 4            Walk forward right, Walk forward left  
5&6            Step right foot forward, Step left next to right, Step forward onto right  
7, 8            Rock forward onto left, Recover back onto right

## **[25-32] Back sweep, Back sweep, Behind side, Cross shuffle**

1, 2            Step back onto left, Sweep right around to back  
3, 4            Step back onto right, Sweep left around to back  
5, 6            Cross left behind right, Step right to right side  
7&8            Cross left over right, Step right to right side, Cross left over right \*\*

## **[33-40] Point Hold, Point Hold, Monterey 1/4 turn**

1, 2            Point right to right side, Hold  
&3, 4            Step right next to left, Point left to left side, Hold  
&5, 6            Point right to right side, Make 1/4 turn right stepping right next to left (12:00)  
7, 8            Point left to left side, Touch left next to right

## **[41-48] Roll to Left, Shuffle 1\4 Turn Jazz Box 1/2 Turn**

1, 2            1/4 turn left onto left foot, 1/2 turn left onto right foot  
3&4            1/4 turn left onto left , 1/4 turn left bringing right next to left, step forward onto left (12:00)  
5, 6            Cross right over left, step back on left  
7, 8            Make 1/2 turn right onto right foot. Step forward left (6:00)

## **[49-56] Step brush, Step brush, Right jazz box**

1, 2            Step forward onto right, Brush left past right  
3, 4            Step forward onto left, Brush right past left  
5, 6            Cross right over left, Step back onto left

7, 8 Step right to right side, Step forward onto left

**[57-64] Rock forward recover, Rock back recover, 1/2 turn, 1/4 turn**

1, 2 Rock forward onto right, Recover back onto left

3, 4 Rock back onto right, Recover forward onto left

5, 6 Step forward onto right, Make a 1/2 turn pivort left

7, 8 Step forward onto right, Make a 1/4 turn pivort left

**\*\*Restart dance on walls 2, 5 after count 32**